

Miss Potter's Knot and Lashing challenges

Why not have a go at tying the following knots. There are instructions on how to tie:

- 🪄 A clove-hitch
- 🪄 An anchor knot
- 🪄 A tension knot
- 🪄 A square lashing
- 🪄 A reef knot

You can use rope, string or wool BUT remember to follow the Forest School Rope safety rules



Rope and String Use.

Rope and string will be used for;

- Tying knots
- Tying Lashings.

Remember to not stand on the rope or string.

Remember to make sure you have enough space to pull the rope or string through.

Do not pull your hands down the rope ... You will get rope burn.

Remember only use the rope or string for tying knots and lashings.

Give it a go, get tying and be resilient!

Have fun!

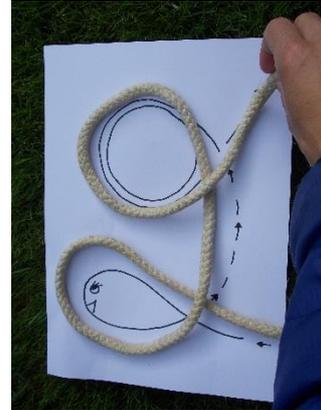
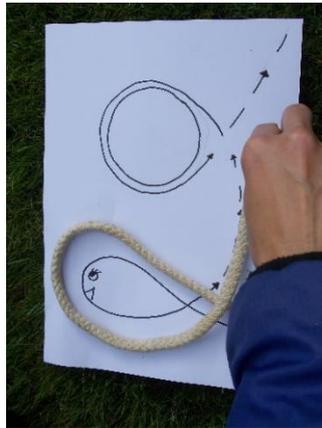
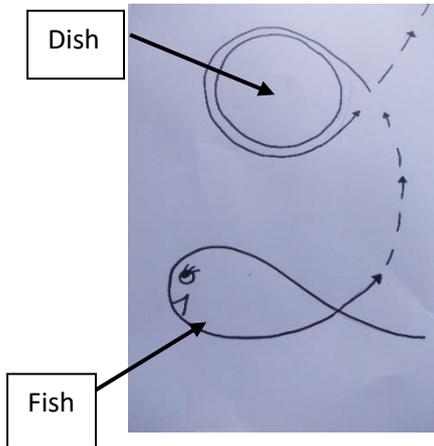




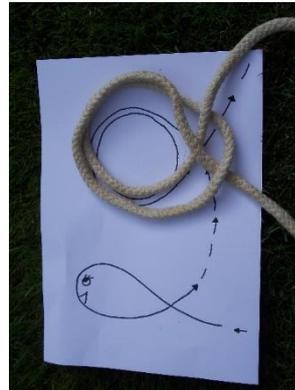
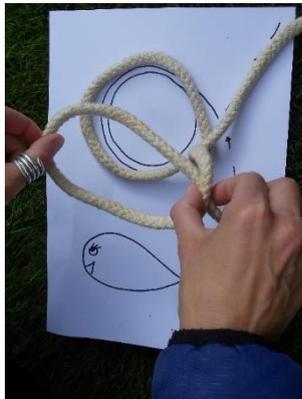
How to tie a “Clove – Hitch”

You can use rope, string or wool to have a go at tying this knot.

1: Imagine a “fish” and a “dish” then loop the rope around on top of the “fish” and the “dish”



2: Pick up the “fish” and put it on the “dish”



3: Now the “fish on a dish” can be put on to a pole, branch or stick.



Ta da!
You have tied
a Clove- Hitch.



How to tie an “Anchor” Knot



1: Wrap the rope around the tree twice.

2: Make a “V” shape.



3: Pass the short end through the “V” and pull.



4: Make an “O” shape then poke the short end of the rope through the middle.

5: Ta Da! You have tied an “Anchor” knot.



How to tie a “Tension Knot”



1: Wrap the rope around the tree once.



2: Put the shorter end of the rope over the longer end... Make a “C” shape.



3: Pull the rope tight then go back around the tree in the opposite direction.



4: Make a “C” shape facing the opposite direction...

5: Then take the rope back around the tree. Pull as hard as you can to create “Tension” in the rope.

6: Finish with the last steps by tying an “Anchor” knot.



How to tie a “Square Lashing”



1: Start with a “Fish on a Dish.”
Secure on to log/pole/branch or stick.



2: Place the pole/log/branch or stick which is being lashed on top at 90°.(Perpendicular)

Wrap the rope over the top pole and the under the bottom pole.

***Remember to pull the rope tight.**



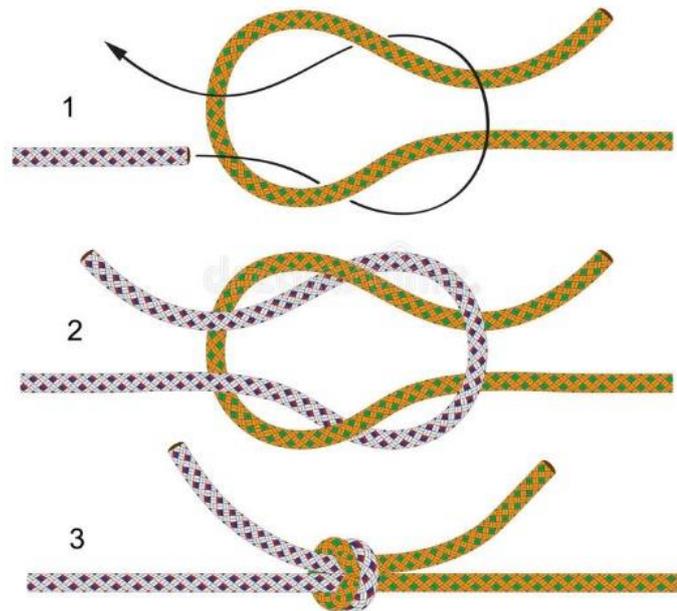
Repeat this process in a “Square” pattern about 3 or 4 times.

3: Wrap the rope around in a circle in between the two poles... This is called “frapping” and will make the lashing strong.



4: Secure the ends by tying a Reef Knot... (SEE NEXT PAGE)

How To Tie a Reef Knot



1: Cross the rope left over right and under then ...



2: Cross the rope right over left and under.

**This is also known as a
Square Knot.**

Remember there are also instructions how to tie a lashing to make a tripod ...just click on the side bar at the top of the Forest School Page.